



SURVIVAL GUIDE

INTERNATIONAL CONFERENCE

BETWEEN NARCISSISM AND ENTITLEMENT:

SELF-ENHANCEMENT IN A CROSS-CULTURAL PERSPECTIVE

WARSAW, 4-6 APRIL 2018

POLISH CURRENCY

The official currency is **Polish złoty**.

1 złoty = 100 groszy



COINS

1, 2, 5 złotych 1, 2, 5, 10, 20, 50 groszy



NOTES

10, 20, 50, 100, 200, 500 złotych













CURRENCY EXCHANGE

You can exchange your money in a KANTOR.

Pay attention to the exchange rates!



HOW MUCH FOR...?

1 GBP ~ 4.80 PLN

1 UAH ~ 0.14 PLN

1 EUR ~ 4.18 PLN

1 USD ~ 3.73 PLN

1 TRY ~ 1.05 PLN

1000 BYR ~ 0.20 PLN

BEVERAGES



...beer? 3-4 PLN (shop) /10 PLN (pub)



...water? 2 PLN (shop) / 5 PLN (pub)

LUNCH



in a bar mleczny* - up to 15 PLN



in a restaurant - 30-50 PLN

LEISURE



ropes course - 30-50 PLN



club entrance ticket - 20 PLN

^{*} BAR MLECZNY - (literally 'milk bar') is a cheap self-service cafeteria which usually serves only traditional Polish food.



Taxi entrance fee is 7 zł / 8 zł, depending on the company.

TAX

TAXI CITY **221 94 59 22 848 88 88**8 zł + 1,80 zł/km



22 33 11 999 7 zł + 1,30 zł/km



22 644 22 22 8 zł + 1,40 zł/km







IF YOU WANT TO GET TO PUBLIC COMMUNICATION, USE THE MOST POPULAR APPLICATION IN WARSAW jakdojade.pl



jakdojade.pl FOR ANDROID



jakdojade.pl FOR iOS

Public transportation tickets

TIME TICKETS

valid for all day lines and night lines

20 minute ticket entitles to an unlimited number of journeys for a period not exceeding 20 minutes from its validation

SINGLE-FARE TRANSFER TICKETS

valid for all day lines and night lines

Single fare transfer ticket entitles to an unlimited number of journeys for a period not exceeding 75 minutes from its validation or entitling to a single journey to a stop or station which is the last on the route





Public transportation tickets

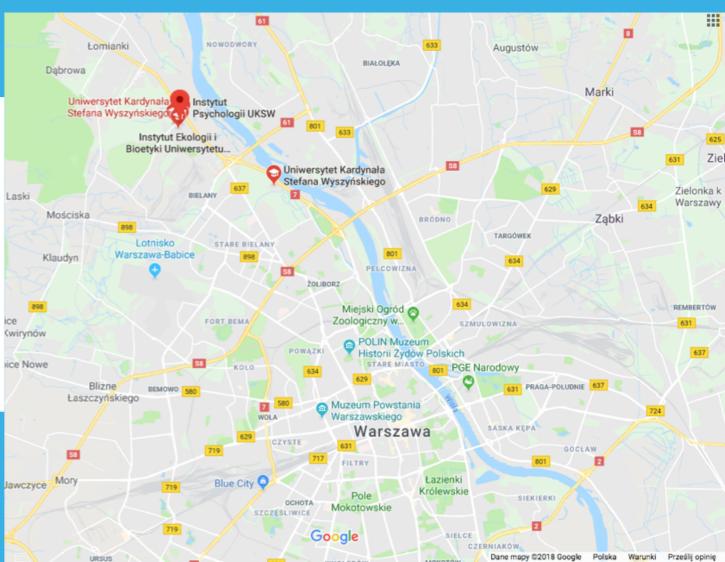
You can get a ticket inside the tram/bus (if it's the new one - you will be able to tell; payment by card only), in a ticket machine that is right next to most stops in Warsaw or in most shops with grocery or newsstands.

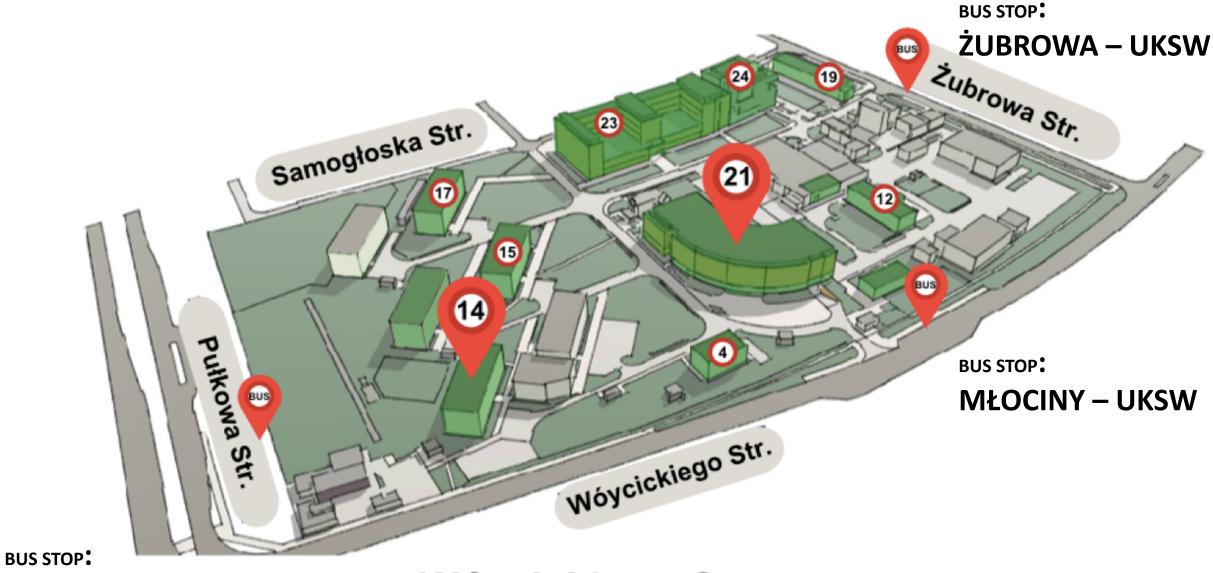




Venue: Wóycickiego Campus Wóycickiego 1/3, 01-938 Warsaw



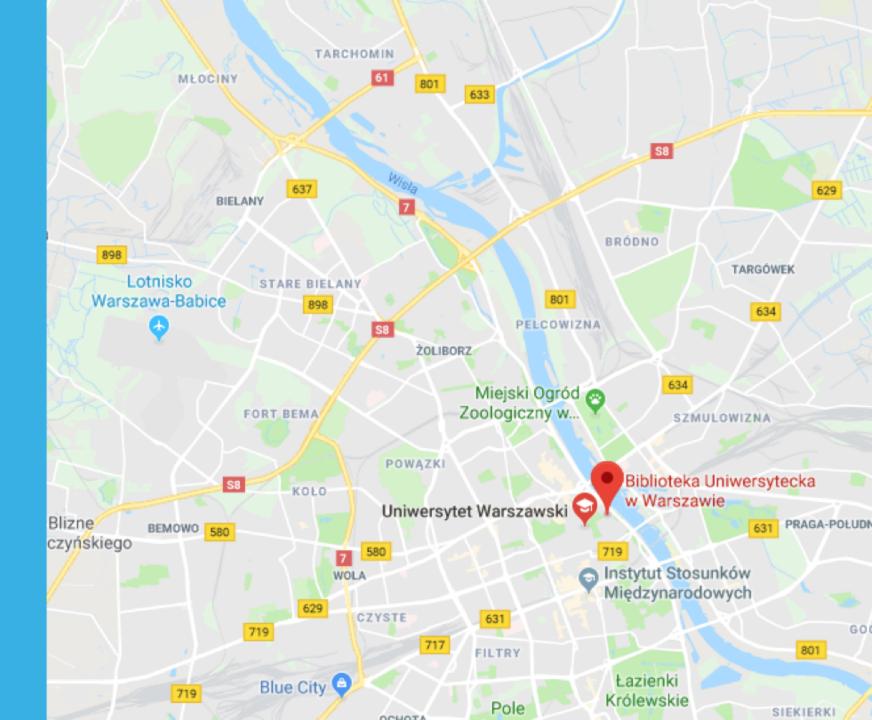




PARK MŁOCIŃSKI

Wóycickiego Campus

Venue:
University of
Warsaw Library
at Dobra Street,
Dobra 55/56,
00-312 Warsaw





Getting around Warsaw

Warsaw in your pocket

https://www.inyourpocket.com/warsaw

Warsaw in your pocket is a guide that shows you what you can see and visit in the town. It also has information about history and cultural background. The information you find on this page is updated every two months, so you don't risk inaccurate information.

The editors are independent of sponsored listings or paid-for editorial, thus the content is subjective.

Warsaw in your pocket is available online, downloadable pdf and mobile app.

Warsaw tour

http://warsawtour.pl/en

At this website you can find information like

- -**About Warsaw** museums, history, architecture famous people related to warsaw
- -Warsaw for everyone shopping, spa and wellness, old town, praga district parks and more
- -Going out culture and nightlife
- -**Tourist attractions** Top 10, historic sites, museums, monuments, galleries, zoo and much more
- -Sports and leisure activities, sporting venues,
 equipment (rental shops for example)
- -Where to stay hotels, hostels, apartments campings etc
- -Eating out restaurants, breakfast, pizza, cafes, milk bars and much more
- -Warsaw essentials getting to Warsaw, getting around, practical warsaw, good to know, health, sightseeing, tourist information

Google maps

We recommend to download the map for Warsaw at the google map application, so it will be available to you in an offline mode. This way you don't need internet to access routes.

24/7 pharmacies*

*in Polish: APTEKA.



City centre

pl. Mirowski 1, lok. I/Z, tel. 22 654 87 05

ul. Mokotowska 12, tel. 22 622 35 36

ul. Franciszkańska 14, lok. 102, tel. 22 635 35 25



Basic Polish

- **Dzień dobry** good morning / good afternoon (jane DOH-brih)
- Dobry wieczór good evening (DOH-brih VYEH-choor)
- Cześć hi (cheshch)
- Do widzenia goodbye (doh vee-DZEN-ya)
- Proszę please / here you are (PROH-sheh)
- **Dziękuję** thank you (jen-KOO-yeh)
- **Dzięki** thanks (informal) (JEN-kee)
- Przepraszam I'm sorry / excuse me (psheh-PRAH-shahm)
- Tak yes (tahk)
- Nie no / not (nyeh)
- Nie wiem I don't know (nyeh vyem)
- Jak się masz? How are you? (informal) (yahk shay mahsh)
- Nie mówię po polsku. I don't speak Polish (nyeh MOO-vyeh poh pohl-skoo)
- Nie rozumiem I don't understand (nyeh roh-ZOO-myem)
- Na zdrowie! Cheers! / Bless you! (lit. For health!) (nah ZDROH-vyeh)

